



-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p><u>Shopping to Riverhead Stores</u> w/ Shuttle Buses Every Tuesday</p> <p><u>Shopping in Hampton Bays</u> Every Wednesday w/Shuttle Buses</p>	<p>NATIONAL BLUEBERRY MONTH</p> 	<p><u>1</u> Four Cheese Baked Ziti 9:00- Mah Jongg 12:45- Movie- “Damn Yankees ” (pre-registration required)</p> <p>CANADA DAY TRIVIA</p>	<p><u>2</u> Orange Glazed Salmon 10- 11:30 Tablet/Computer Class 10:15 Red White & Blue Outdoor Planting of 10:30- Coffee and Conversation w/ Stephen</p> <p>UNCLE SAM SING ALONG</p> <p>FOURTH OF JULY WORD SEARCH</p>	<p><u>3</u></p> <p>CENTER CLOSED INDEPENDENCE DAY</p> 
<p><u>6</u> Mild White Chicken Chili 10:00 Stretch & Tone</p> <p>Bring A Friend Day- Let’s Show off our Center!</p> <p>Catch the Ball Game</p>	<p><u>7</u> Root Beer Glazed Pork Loin 10:30- Chair Yoga 10:15 Walking Club –Red Creek Park 10:45 Let’s Go Fly a Kite- Kite Making! 1:00 Writer’s Support Group</p>	<p><u>8</u> Sliced Turkey & Muenster Cold Plate 9:00- Mah Jongg</p> <p>SUMMER BBQ WORD SEARCH</p> <p>6:00- Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6pm)</p>	<p><u>9</u> Parmesan Crusted Cod Fish 10:30- Coffee and Conversation w/ Stephen 10- 11:30 Tablet/Computer Class 3-5pm SAGE East End Mingle</p> <p>THRIFT SHOP DAY</p>	<p><u>10</u> Eggplant Parmesan</p> <p>Center closed during the day...</p> <p>TWILIGHT DINNER & BIRTHDAY -1940’s Black & White Party 3:00-7:00pm</p>
<p><u>13</u> BBQ Pulled Pork on a Bun BLUEBERRY PANCAKE DAY served between 8am-10am in honor of National Blueberry Month 10:00 Stretch & Tone 11:00- Visit with Paul & Daisy the Great Dane</p>	<p><u>14</u> Spaghetti & Meatballs 10:30- Chair Yoga 10:00- Knitting & Crocheting 10:15 Walking Club –East Quogue 1:00 Writer’s Support Group</p> <p>Name that Outlaw</p>	<p><u>15</u> Brewer’s Codfish w/ Tartar 9:00 SCOFA Advocate-Frank Masterson 9:00- Mah Jongg</p> <p>6:00--8:00- Adult Children Support Group-HBSC (dinner served @ 6pm)</p>	<p><u>16</u> Thin Sliced London Broil 10-11:30 Computer/Tablet Class 10:30- Coffee and Conversation w/ Stephen 12:45 Bus departs for Gateway Playhouse – “Sister Act”</p>	<p><u>17</u> Oven Fried Chicken 10:00- Computer Class 10:00- Stretch & Tone 10-11:30 Tablet Class</p> <p>10:30 Friday @ the Beach</p> <p>2:30 Book Discussion Group-John Adams Part 1 & 2</p>
<p><u>20</u> Salisbury Steak w/ Mushroom Gravy SUMMER CRUISE WEEK 10:00 Stretch & Tone 11:15 Let’s Cruise.... “The Caribbean” w/ Juliette</p>	<p><u>21</u> Sesame Chicken SUMMER CRUISE WEEK 9:30- FAN FOOD 10:30- Chair Yoga 10:15 Walking Club –Main Street 11:15 Let’s Cruise.... “Greece & Italy” w/ Sunny 1:00 Writer’s Support Group</p> <p>THRIFT SHOP DAY</p>	<p><u>22</u> Tuna Salad Plate SUMMER CRUISE WEEK 9:00- Mah Jongg 10:30 Blood Pressure Screening 10:45 Shuffle Board 11:15 Let’s Cruise... “Alaska” w/ Mickey Dawson Bell</p>	<p><u>23</u> Spanikopita (Spinach Pie) SUMMER CRUISE WEEK 9:00 SCOFA Advocate-Frank Masterson 10:30- Coffee and Conversation w/ Stephen 10- 11:30 Computer/Tablet Class 10:45 Ring Toss 11:15 Let’s Cruise... “Turkey” w/ Peter 12:45- Movie Day- “Damn Yankees” (pre-registration required) 3-5pm SAGE East End Mingle (light dinner served)</p>	<p><u>24</u> Linguini & White Clam Sauce SUMMER CRUISE WEEK 10:00- Computer Class 10:00- Stretch & Tone 10-11:30 Tablet Class</p> <p>10:30 Friday @ the Beach</p> <p>11:15 Let’s Cruise....“MYSTERY CRUISE”</p>
<p><u>27</u> Roasted Dijon Herb Marinated Chicken 10:00 Stretch & Tone 11:15 Only Joking!</p> <p>1:00 You Can Make A Difference Volunteer Meeting</p>	<p><u>28</u> Ham & Egg Salad 10:30- Chair Yoga 11:00 – Women’s Health Survey w/ Geriatric Nurse Practitioner- Alice Tobin 1:00 Writer’s Support Group 4:30 Bus departs for the Shinnecock Star Fishing Trip</p>	<p><u>29</u> Crab Cake w/ Remoulade Sauce 9:00- Mah Jongg 12:00- Caregiver’s Lunch & Support Group –HB (lunch served @ 12noon meeting 12:30-2pm) 1:00 Tap Dance w/ Mary</p>	<p><u>30</u> Cheeseburger 10:30- Coffee and Conversation w/ Stephen 10- 11:30 Computer/Tablet Class</p> <p>Ernest Hemingway’s Birthday Month... a NOVEL discussion!</p>	<p><u>31</u> Angel Hair Pasta w/ Summer Vegetables 10:00- Computer Class 10:00- Stretch & Tone 10-11:30 Tablet Class</p> <p>10:30 Friday @ the Beach</p>